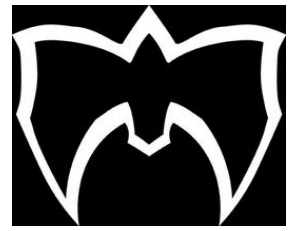


WARRIOR WRESTLING CLUB



The Warrior Wrestling Club (WWC) serves the purpose of providing an outlet for qualified athletes from K-12, who meet the standards set forth by USA Wrestling.

The club will operate under three sessions throughout the year.

Session 1: "Freestyle & Greco Season" from mid-March through mid-July.

Session 2: "Pre-Season" from August through November.

Session 3: "In-Season" from December through mid-March.

The club staff will consist of a Div 1 All-American, a 3x time state champion, state place winners, and local coaches from all levels.

All school aged wrestlers are welcome to join the club. Once numbers dictate, there will be separate practices for K-6 ("youth") and 7-12th graders ("high school").

Practices will be held in the Sherando wrestling room located at 185 S Warrior Dr, Stephens City, VA 22655. All practices be USA Wrestling practices and any attendees **must be card carrying USA Wrestling members**. There will be no exceptions to this rule. USA Wrestling membership can be attained at: <https://www.usawmembership.com/> The membership is a once a year cost and needs renewed each September. This membership is necessary to participate in any practices and all USA Wrestling sanctioned events.

*****Cost: \$60/session per athlete.*****

Drop-In Cost: \$10/workout. Must be a USA Wrestling member to drop-in.

The goal of the club is to provide high level technique, high level coaching and opportunities for local wrestlers K-12 to compete locally and nationally. The goal is to help produce state champions, state medalists, Fargo All-Americans, and eventually NCAA All-Americans. In time, the club intends to form Freestyle and Folkstyle dual teams to compete in team events both locally and nationally.

Session 1 Practice Schedule: Starting March 19th Tuesdays: K-12; 6:00-7:30pm

Thursdays K-12; 6:00-7:30pm

*****Some Fridays prior to a weekend competition. There will not be practice every Friday.*****

Session 1 Competition Schedule: (subject to change) Mar. 28-31-NHSCA @VA Beach

Apr. 18-20 – Flo Nationals; Apr. 27- VAWA Freestyle/Greco States

May 3-5 – North East Regionals (Fargo Qualifier) May 24-25 – USAW SE Regional (Fargo Qualifier)

+Local Folkstyle, Freestyle and Greco Tournaments (VA, WV, MD, PA)

*****[Based on interest]***Prospective National Events: May 31- June 2: UWW Cadet & U23 World Team Trials; July 12-19: Cadeth & Junior FS/GR Nationals – Fargo, ND**

Age Groups: 8U, 10U, 12U, 14U, Cadet (Born 2003-2004), Junior (Born 2001-2002 enrolled in HS) Weight Classes start at 43 pounds.

****The club may add or subtract events based on interest and the size of the initial class of club members.****

****The club is working on gathering sponsors and donors with the hopes of covering tournament and hotel costs.**

***The club is meant for serious members. We are seeking out wrestlers who are committed to training consistently over time and improving through hard work and dedication. We are seeking parents who are invested in their children's success and are able to help make sacrifices to get their children nearer and nearer their goals. We are looking to create something special that benefits the Warrior Wrestling Club members, local high school and Jr. High teams and the local community. If you think it's something you want to be a part of or if you just want to stop in and get a feel for what it's like show up on March 19th.**

Contact Jim Straight with questions @ straight_j@msn.com