

WRESTLING STATE CHAMP BOOT CAMP

AUGUST 31ST- SEPTEMBER 2ND
MILLBROOK HIGH SCHOOL
251 FIRST WOODS DRIVE
WINCHESTER, VA

FEATURING:

Nate Yetzer

FERRUM COLLEGE HEAD WRESTLING COACH

EARLY REGISTRATION MINI CAMP:

SUNDAY, AUGUST 12TH
12PM-1PM (REGISTRATION)
1PM-4:30PM (MINI CAMP)
MILLBROOK HIGH SCHOOL

JOIN OUR SPECIAL GUEST

Dylan Wisman

CAMP COUNSELOR
2X STATE CHAMP, 2X NHSCA NATIONAL CHAMP, 5X FARGO ALL AMERICAN,
AND CURRENTLY WRESTLING AT UNIVERSITY OF MISSOURI

RATES:

ALL CAMPERS WHO REGISTER ON OR BEFORE AUGUST 12TH, HAVE THE
OPTION OF ATTENDING THE MINI CAMP AND THE STATE CHAMP BOOT CAMP
FOR \$75

ALL CAMPERS WHO REGISTER AFTER AUGUST 12TH FOR STATE CHAMP BOOT
CAMP, THE COST WILL BE \$95

**EARLY REGISTRATION
MINI-CAMP SESSIONS:
W/ CAMP COUNSELOR, DYLAN WISMAN**

Sunday, August 12th
Registration 12PM-1PM
Session 1- 1PM-2:30PM
Session 2- 3PM-4:30PM

**STATE CHAMP BOOT CAMP
SESSIONS:**

W/ FERRUM COLLEGE HEAD WRESTLING COACH, NATE YETZER

Registration: Friday, August 31st 5PM-6PM
Session 1: Friday, August 31st 6PM-9PM
Session 2: Saturday, September 1st 9AM-12PM
Session 3: Saturday, September 1st 1PM-4PM
Session 4: Sunday, September 2nd 9AM-12PM

CAMPERS WILL NEED:

WATER BOTTLE
SHORTS
TEE-SHIRT
WRESTLING SHOES
RUNNING SHOES
HEAD GEAR
PACKED LUNCH

QUESTIONS:

CONTACT
JEFF HOLMES,
MILLBROOK HEAD
WRESTLING COACH AT
HOLMESJ@FCPSK12.NET

* ALL CAMPERS WILL NEED TO BE DROPPED OFF AND PICKED UP AT ATHLETIC FACILITY DOORS IN THE REAR OF THE SCHOOL- NEAR THE CIVIL WAR TRAIL *

WRESTLING STATE CHAMP BOOT CAMP REGISTRATION & RELEASE FORM

NAME _____

ADDRESS _____

PHONE _____

SCHOOL ATTENDING _____

GRADE _____ AGE _____ WEIGHT _____

I WILL BE ATTENDING (CHECK ALL THAT APPLY)

____ AUG. 12TH MINI-CAMP

____ AUG. 31ST-SEPT. 2ND STATE CHAMP BOOT CAMP

RATES:

EARLY
REGISTRATION BY
AUGUST 12TH:
\$75

AFTER AUGUST
12TH: \$95
*OR \$25 PER SESSION

MAKE CHECKS PAYABLE TO:

Millbrook Wrestling Club
251 First Woods Drive
Winchester, VA 22603

We as parents/guardians of the named wrestler hereby grant permissions for him/her to participate in the State Champ Boot Camp/Mini-Camp and acknowledge the fact that he/she is physically able to participate in camp activities. We hereby release the camp and its workers from all claims from injury or illness.

SIGNED _____

EMERGENCY CONTACT # _____